

## **Health and Wellbeing Board**

8 November 2017

Report of the Health and Wellbeing Board Theme Leads for Mental Health

## **Progress on the Mental Health and Wellbeing Theme of the Joint Health and Wellbeing Strategy 2017-2022 (including performance)**

### **Summary**

1. This report asks the Health and Wellbeing Board (HWBB) to note the update on progress made against delivery of the mental health and wellbeing theme of the joint health and wellbeing strategy 2017-2022.

### **Background**

2. At the Health and Wellbeing Board meeting (HWBB) in March 2017, the new joint health and wellbeing strategy 2017-2022 was launched. The strategy is based around a life course approach with mental health and wellbeing as one of the four key themes.

### **Context**

3. The mental health and wellbeing part of the strategy covers anyone who experiences mental ill health or who is affected by its impact on others.
4. It is known that:
  - 25% of adults experience at least one diagnosable mental health problem in any given year
  - 50% of those with poor mental health had symptoms before the age of 14
  - Between 2006 to 2014 there were 154 suicides in York; 84% of those were men

- York has a higher rate of emergency hospital admissions for intentional self harm than the national average
  - York has an estimated 2,717 people with dementia and this is expected to rise to 3, 503 by 2025
5. The top priority for mental health and wellbeing within the joint health and wellbeing strategy is to get better at spotting the early signs of mental ill health so that support can be provided sooner and problems can be prevented from escalating.
6. Other priorities identified are as follows:
- focus efforts on recovery and rehabilitation wherever this is possible, recognising people's need for ongoing support and the importance of housing, education and employment;
  - improve services for young mothers, recognising that this group can be particularly at risk;
  - improve mental health and wellbeing services for children and young people;
  - improve the services we offer to those with learning disabilities;
  - ensure that York becomes a Suicide Safer City and a mental health friendly environment;
  - continue the work to ensure that York is a dementia friendly environment.
7. Annex A to this report gives examples of some of the ongoing work in the first year of the five year strategy and the progress made to date in delivering against the theme.
8. Two discrete strategies are also being developed; one focused on learning disabilities and another focused on mental health.
9. A performance summary is attached at Annex B based on the six agreed indicators for this theme.
10. Adult Social Care Outcomes Framework (ASCOF) measures relating to mental health outcomes are shown in Annex C.

## **Consultation**

11. Extensive engagement and consultation took place with residents and stakeholders when the joint health and wellbeing strategy 2017-2022 was being developed. Consultation has also been undertaken around developing an all age mental health strategy for the city and this is detailed in a separate report on this agenda.

## **Options**

12. There are no specific options for the Health and Wellbeing Board; they are asked to note and comment on this report, and consider how the priorities within this theme will be supported and delivered

## **Analysis**

13. Not applicable.

## **Strategic/Operational Plans**

14. As detailed earlier in this report, this report fits with the priorities and actions identified in the joint health and wellbeing strategy.

## **Implications**

15. There are no implications associated with the recommendations in this report.

## **Risk Management**

16. There are no risks associated with the recommendations in this report.

## **Recommendations**

17. The Health and Wellbeing Board are asked to note and comment on the report and consider how best to support and deliver all elements of the joint health and wellbeing strategy.

Reason: to keep the Health and Wellbeing Board informed as to progress on delivery against the mental health and wellbeing theme of the joint health and wellbeing strategy 2017-2022.

## Contact Details

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**Report  
Approved**



**Date** 25.10.2017

**Specialist Implications Officer(s)** None

**Wards Affected:**

**All**

**For further information please contact the author of the report**

**Background Papers:**

Joint health and wellbeing strategy 2017-2022

**Annexes**

**Annex A** – Table of ongoing work: mental health and wellbeing theme of the joint health and wellbeing strategy 2017-2022

**Annex B** – Performance summary

**Annex C** – ASCOF Measures relating to mental health